



CALIFORNIA BAPTIST UNIVERSITY

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CBU ATHLETICS WEEKLY UPDATE (10/4/04)

THIS WEEK'S EVENTS

Women's Soccer		(7-2, 2-0 GSAC, NAIA rank #20)
Tuesday (10/5)	at Hope International, 3 p.m.	
Saturday (10/9)	vs. Point Loma Nazarene, Lancer Field, 11 a.m.	
Men's Soccer		(3-3-1, 1-1 GSAC)
Wednesday (10/6)	at Hope International, 3 p.m.	
Saturday (10/9)	vs. Point Loma Nazarene, Lancer Field, 1 p.m.	
Women's Volleyball		(14-2, 6-2 GSAC, NAIA rank #17)
Tuesday (10/5)	vs. The Master's, Van Dyne Gymnasium, 7 p.m.	
Friday (10/8)	at Fresno Pacific, 7 p.m.	
Men's Water Polo		(7-9, national rank #20)
Wednesday (10/6)	vs. Riverside CC, Lancer Aquatic Center, 3 p.m.	
Friday (10/8)	vs. Brown & Iona, Lancer Aquatic Center, 2 p.m./5 p.m.	
Cross Country		
Saturday (10/9)	at Vanguard Invitational, 4 p.m.	

LANCER OF THE WEEK

JO WELCH, CROSS COUNTRY — Freshman **Jo Welch** (Castro Valley, CA/Redwood Christian HS) turned in the best time by a Lancer women's runner since 2001, going 19:44.80 at the UC Riverside Invitational on Saturday. It's the 10th-best time in Lancer history.

WOMEN'S SOCCER

THIS WEEK — The #20 women's soccer team (7-2, 2-0 GSAC, tied for first place) will try to stay undefeated in conference with a game at Hope International on Tuesday and a home match on Saturday against #15 Point Loma Nazarene.

LAST WEEK — The Lancers opened GSAC play by winning at home against The Master's on Wednesday and on the road against Christian Heritage on Saturday, both by the score of 3-0. Against the Mustangs, the first Lancer goal was on an own goal, and junior midfielder **Megan Squires** (Corona, CA/Corona HS) and senior forward **Katrina Lopez** (Rancho Cucamonga, CA/Rancho Cucamonga HS) scored goals. Against the Hawks, junior forward **Mary Read** (Riverside, CA/Poly HS) scored twice and sophomore midfielder **Alyssa Turner** (Yucaipa, CA/Yucaipa HS) tallied one score.

OPPONENTS — CBU is a perfect 7-0 all-time against Hope International (3-0 in Fullerton). In GSAC regular-season play, the Lancers are 5-0 against the Royals in GSAC play (2-0 in Fullerton) ... CBU is 6-1 all-time against Point Loma Nazarene (3-1 in Riverside) and has won four in a row. In GSAC regular-season play, the Lancers are 4-1 against the Sea Lions (1-1 in Riverside).

NOTABLES — CBU's goal differential is at +23 (31 scored, eight allowed) ... CBU has been ranked as high as #5 this season, the highest rating in the program's history ... Twelve different Lancers scored goals in the first four games of the season.

SARAI STAMPER — Sophomore forward **Sarai Stamper** (Oak Glen, CA/Yucaipa HS) is following up her outstanding freshman season with another good year. She currently has six goals and 13 points, both team highs. Stamper already ranks ninth on CBU's career goals list with 23. Last year, the All-GSAC selection scored 17 goals and 38 points, putting her in a tie for fifth and a tie for sixth, respectively, on CBU's single-season charts.

DANA KRELL — An excellent distributor on set pieces, senior defender **Dana Krell** (Grand Terrace, CA/Colton HS) is third on CBU's career assists list with 23. The All-GSAC performer had 13 assists last season, third in school single-season history,

and has a team-high five already this year.

LIZ BROWN — Senior midfielder **Liz Brown** (Twin Peaks, CA/Rim of the World HS/CS San Bernardino) had the game of her life in the season opener, scoring four goals to go with one assist against Alliant International (9/4). She was named GSAC Player of the Week for her efforts. She currently has four goals and four assists.

ASHLEY MONTGOMERY — Senior goalkeeper **Ashley Montgomery** (Alta Loma, CA/Christian Heritage HS) owns the career (1.04 at the start of 2004) and single-season (0.86 in 2003) school records for goals-against average. She has a 0.91 goals-against average and 26 saves in nine games in 2004.

MILESTONES — The Lancers have had six straight seasons with at least 10 wins ... CBU's first win in the GSAC, against The Master's (9/29), was its 50th all-time.

2004 SQUAD — The Lancers return seven starters and 16 letterwinners ... There are eight newcomers (five freshmen, two transfers and one CBU athlete who has switched from volleyball to soccer).

2003 RECAP — CBU had its best season in history, making the NAIA Tournament for the first time and reaching the quarterfinals. CBU posted school records for wins (15-5-1 overall), winning streak (11), national rank-



ing (#8) and shutouts (10). The Lancers placed third in the GSAC (7-3-0).

MEN'S SOCCER

THIS WEEK — The men's soccer team (3-3-1, 1-1 GSAC, tied for fourth place) will look to make a move up the conference standings with a road match on Wednesday against Hope International and a home game on Saturday against Point Loma Nazarene.

LAST WEEK — CBU opened GSAC play with a 3-0 home loss to The Master's on Tuesday, but bounced back to beat Christian Heritage on the road, 3-1, on Saturday. Junior defender **Brian Cavazos** (Crestline, CA/Rim of the World HS/CS San Bernardino), senior forward **Keishawn Cordier** (Moreno Valley, CA/Canyon Springs HS/Riverside CC) and sophomore midfielder **Kevin Watson** (Riverside, CA/Arlington HS/CS San Bernardino) each scored goals.

OPPONENTS — CBU is 18-1-1 all-time against Hope International (7-1-1 in Fullerton). In GSAC regular-season play, the Lancers are 4-0-1 against the Royals (1-0-1 in Fullerton) ... CBU is 5-14-2 all-time against Point Loma Nazarene (3-7 in Riverside). The Lancers won last year in San Diego, but the Sea Lions have won seven straight in Riverside. In GSAC regular-season play, the Lancers are 4-13-2 against the Sea Lions (2-7 in Riverside).

NOTABLES — CBU posted three consecutive shutouts for the second time in **Shayon Jalayer's** three years as head coach ... Six different players have scored CBU's eight goals in 2004.

FRASER KERSHAW — Junior forward **Fraser Kershaw** (State College, PA/State College Area HS/Penn State Univ.) has used his blazing speed to be a major threat on the attack. He is tied for the team high with two goals this season. Last year, he scored five goals (best among the 2004 returners) and added one assist, all in GSAC play.

SEIDU AJANAKO — A standout for the defending NAIA men's volleyball champions, sophomore forward **Seidu Ajanako** (Accra, Ghana) has brought his athleticism to the soccer field as a two-sport athlete for the first time. The first goal of his career was the game-winner in a 1-0 victory over Grand

Canyon (9/6).

DEFENSE — The bulk of the defense is back in senior goalkeeper **Justin Nitti** (Corona, CA/Corona HS) and three defenders in seniors **Kevin Atkinson** (Upland, CA/Upland HS/Chaffey CC) and **Dan Linder** (Upland, CA/Bonita HS/Mt. San Antonio CC) and junior **Brian Cavazos** (Crestline, CA/Rim of the World HS/CS San Bernardino). Nitti began 2004 with a 1.56 career goals-against average, best in school history. Cavazos is tied for the team high with two goals in 2004.

MILESTONES — The Lancers need five wins for 150 in the program's history ... The Lancers need one GSAC win to reach 50 in the program's history.

2004 SQUAD — CBU returns seven starters and 12 letterwinners ... There are 14 new players (six freshmen, six transfers, one redshirt and one-dual sport athlete who is playing soccer for the first time).

2003 RECAP — The Lancers had a very successful year, posting a 10-6-1 overall record (only the third time a CBU team has won at least 10 games) and a third-place finish in the GSAC at 6-3-1. It came to a disappointing end, however, as the Lancers were originally awarded a spot in the NAIA Region II Tournament, but were ousted before the tournament even began because an error was discovered in the selection process.

WOMEN'S VOLLEYBALL

THIS WEEK — The #17 women's volleyball team (14-2, 6-2 GSAC, third place) will try to keep its five-match win streak alive with a home match on Tuesday against The Master's and a road match on Friday against #1 Fresno Pacific.

LAST WEEK — The Lancers won at Vanguard in four games on Tuesday, then held on to beat #10 Biola in five games on Saturday. It was the first time in five tries that CBU Coach **Ryan McGuyre** had beaten Biola, his alma mater and the team that he previously coached. Freshman outside hitter **Yudelka Bonilla** (Mao, Valverde, Dominican Republic) had match highs of 21 and 22 kills, respectively.

OPPONENTS — CBU is 17-9 all-time against The Master's (5-3 in Riverside) but

has lost six in a row. In GSAC regular-season play, the Lancers are 0-6 against the Mustangs (0-3 in Riverside) ... CBU is 12-40 all-time against Fresno Pacific (4-21 in Fresno) and has lost 10 in a row. In GSAC regular-season play, the Lancers are 10-24 against the Sunbirds (3-14 in Fresno).

STREAK-BUSTERS — So far this season, CBU has ended losing streaks to five GSAC opponents that had lasted more than one season. The Lancers have beaten Point Loma Nazarene (nine-match losing streak), Biola (eight), Christian Heritage (six), Vanguard (three) and Westmont (three).

NOTABLES — With 14 wins, the Lancers are closing in on their most wins in the last five seasons. CBU won 15 matches in 2002, the most since the Lancers went 28-5 in 1999 ... When CBU broke into the NAIA polls on Sept. 14, the Lancers had earned a national ranking for the first time since the end of the 1999 season ... The Lancers have held opponents to a negative hitting percentage three times, and under .100 eight times.

DOMINANT DOMINICANS — Junior outside hitter **Yajaira Prado** and freshman outside hitter **Yudelka Bonilla** have been teammates on the Dominican Republic's national beach and indoor volleyball teams. Bonilla leads the team in kills (260, 4.91 per game). She was named MVP of the Roberts Wesleyan Tournament and to the All-Concordia Tournament team. Bonilla set a CBU single-match record with 27 kills against Concordia (9/7). Prado is averaging 4.20 kills and 3.44 digs per game. She was named GSAC Player of the Week on Sept. 27 as well as to the All-Roberts Wesleyan Tournament team.

LINSEY SMOLSKIS — Junior **Linsey Smolskis** (Cerritos, CA/Cerritos HS) is an experienced setter and opposite who will play libero this season. She averaged 3.05 digs per game last year and is currently averaging 5.18 digs in 2004. She tied her own school single-match record of 29 digs at Westmont (9/20). She needs 15 service aces to become the school's career leader (she's currently tied for fourth place with 125).

SETTERS — A pair of freshman setters, **Lauren Briley** (Yorba Linda, CA/EI Dorado HS) and **Kayla Van Duyn** (Ripon, CA/Ripon Christian HS), have split time at the position. Briley has 461 assists (8.87 per game) and Van Duyn has 267 assists



(5.24 per game). When not setting, each has seen time at other positions. Van Duyn was named GSAC Setter of the Week on Sept. 13. Briley was named to the All-Roberts Wesleyan Tournament team.

MILESTONES — The Lancers' fourth win of the season (the championship match victory over Houghton at the Roberts Wesleyan Tournament) was the 400th in the program's history ... CBU Coach **Ryan McGuyre** needs two wins to reach 100 with collegiate women's teams.

2004 SQUAD — CBU has five returning players ... The Lancers have eight new players (six freshmen and two transfers).

2003 RECAP — Decimated by injuries that left them with only six healthy players for one stretch of time, the Lancers finished 9-23 overall and in 11th place in the GSAC (1-19).

MEN'S WATER POLO

THIS WEEK — The #20 men's water polo team (7-9 overall, 7-8 vs. college varsity teams) has three home games this week. The Lancers play RCC on Wednesday, then Brown and Iona in a doubleheader on Friday.

LAST WEEK — After a last-second, 10-9 loss to Golden West College (the #2-ranked JC team in the state) on Wednesday, CBU won three of four games at the NorCal Tournament in Stockton over the weekend. The Lancers suffered a 9-5 loss to #16 Pacific, then beat UC Santa Cruz (8-6), Santa Clara (10-9) and #18 Redlands (9-8 in overtime). Senior utility **Goran Milic** (Dubrovnik, Croatia) scored a total of 12 goals over the four games.

OPPONENTS — CBU is 3-0 all-time against RCC (all three games were played at the Lancer Aquatic Center) ... CBU is 1-1 all-time against Brown (1-0 in Riverside) ... CBU is 0-1 all-time against Iona (this is the first meeting in Riverside).

TOUGH SCHEDULE — CBU may play the toughest schedule in the nation for a non-MPSF team. The Lancers have already played nine games against top 20 teams (and unfortunately are 1-8). They will likely play at least four more games against ranked teams.

GORAN MILIC — Senior utility **Goran Milic** is having a fantastic start to the 2004 season. In 16 games, he has a team-high 47 goals. On CBU's career lists (as of last week), the fourth-year player ranks third in steals (110), fourth in goals (135) and fourth in assists (76).

DARREN NETZLEY — Senior driver **Darren Netzley** (Clovis, CA/Clovis West HS/Merced CC) scored a team-high 55 goals last year. He's on pace to put up similar numbers, with 25 goals so far in 2004.

NAIA WATER POLO — CBU is one of only three NAIA schools that field a men's water polo program. The Lancers, though without a postseason national championship tournament, are part of the national ranking system with all of the top NCAA schools.

NOTABLES — CBU is 45-9 (.833) all-time at home ... Freshman utility **Brandon Jung** (Burnaby, B.C., Canada/St. Thomas More HS) is a member of Canada's Junior National Team.

2004 SQUAD — CBU returns five starters and 13 letterwinners. There are also 12 newcomers (11 freshmen and one transfer).

2003 RECAP — CBU suffered its first-ever losing record, going 12-15 overall and 9-15 against college varsity teams. A number of key player suspensions hurt the team, but also led to the development of a number of younger players.

CROSS COUNTRY

THIS WEEK — The men's and women's cross country teams run at the Vanguard Invitational this Saturday.

LAST WEEK — The Lancers ran at the UC Riverside Invitational on Saturday. Freshman **Jo Welch** (Castro Valley, CA/Redwood Christian HS) had the best performance, running a season-best 19:44.80 and placing 37th in the women's open race. On the men's side, junior **Emilio Perez** (Riverside, CA/Ramona HS/Riverside CC) had the top Lancer time, a 28:53.30.

NOTABLES — Sophomore **Ashley Curtis** (Chino Hills, CA/Ayala HS) qualified an individual for the NAIA Championships last season ... Freshman **Jo Welch**, Curtis and senior **Lydia McGinn** (Ukiah, CA/Ukiah

HS/Mendocino CC) have the 10th, 11th and 13th best women's times in CBU history, respectively.

TOP TIMES — The best women's time this year is by freshman **Jo Welch**, a 19:44.80 at the UC Riverside Invitational (10/2) ... The best men's time this year is by junior **Emilio Perez**, a 28:27.7 at the Redlands Invitational (9/4).

COACHING CHANGE — **Mark Campbell** replaced **Bill Donald** in mid-September. Donald resigned for work and family-related reasons. Campbell, a long-time runner, was the co-head coach at Lake Arrowhead Christian School in Twin Peaks, Calif., last year.

2003 RECAP — The women placed seventh in the GSAC and 11th in Region II last season ... The men were ninth in the GSAC and 14th in Region II.



WOMEN'S SOCCER

Date	Opponent	Time/Result
9/4	Alliant International	W 10-1
9/6	Grand Canyon	W 1-0
9/11	at Cal State L.A.	W 3-1
9/15	Texas A&M International	W 8-0
9/17	\$ Simon Fraser (B.C.)	L 0-1
9/18	at Concordia (OR)	L 0-4
9/25	at Cal State Hayward	W 3-1
9/29	* The Master's	W 3-0
10/2	* at Christian Heritage	W 3-0
10/5	* at Hope International	3 p.m.
10/9	* Point Loma Nazarene	11 a.m.
10/13	* Azusa Pacific	3 p.m.
10/16	* at Concordia	11 a.m.
10/21	* Vanguard	3 p.m.
10/23	* at Fresno Pacific	5 p.m.
10/27	* at Biola	7 p.m.
10/30	* Westmont	1 p.m.
11/3	Region II First Round	TBA
11/6	Region II Semifinals	TBA
11/9	Region II Championship	TBA
11/17-23	NAIA Championships	TBA

Home games in bold

* GSAC match

\$ at Portland, OR

MEN'S SOCCER

Date	Opponent	Time/Result
8/26	at Cal State Stanislaus	L 0-1ot
9/4	Alliant International	W 2-0
9/6	Grand Canyon	W 1-0
9/8	at La Verne	T 0-0ot
9/11	at Cal State L.A.	L 2-5
9/28	* The Master's	L 0-3
10/2	* at Christian Heritage	W 3-1
10/6	* at Hope International	3 p.m.
10/9	* Point Loma Nazarene	1 p.m.
10/12	* Azusa Pacific	3 p.m.
10/16	* at Concordia	1 p.m.
10/18	* Vanguard	3 p.m.
10/23	* at Fresno Pacific	7 p.m.
10/26	* at Biola	4 p.m.
10/30	* Westmont	3 p.m.
11/3	Region II First Round	TBA
11/6	Region II Semifinals	TBA
11/13	Region II Championship	TBA
11/17-23	NAIA Championships	TBA

Home games in bold

* GSAC match

WOMEN'S VOLLEYBALL

Date	Opponent	Time/Result
8/27	\$ Daemen (NY)	W 3-0
8/27	\$ Houghton (NY)	W 3-0
8/28	\$ at Roberts Wesleyan (NY)	W 3-0
8/28	\$ Houghton (NY)	W 3-0
9/3	% Alliant International	W 3-0
9/3	% Bethany	W 3-0
9/4	% Notre Dame de Namur	W 3-1
9/4	% Mount Marty (SD)	W 3-0
9/7	* at Concordia	L 2-3
9/10	* Hope International	W 3-1
9/14	* at Azusa Pacific	L 0-3
9/18	* at Westmont	W 3-0
9/21	* Point Loma Nazarene	W 3-0
9/25	* at Christian Heritage	W 3-0
9/28	* at Vanguard	W 3-1
10/2	* Biola	W 3-2
10/5	* The Master's	7 p.m.
10/8	* at Fresno Pacific	7 p.m.
10/12	* Concordia	7 p.m.
10/14	* at Hope International	7 p.m.
10/16	Alliant International	1 p.m.
10/16	Palm Beach Atlantic	7 p.m.
10/19	* Azusa Pacific	7 p.m.
10/22	* Westmont	7 p.m.
10/23	La Sierra	7 p.m.
10/26	* at Point Loma Nazarene	7 p.m.
10/29	at Alliant International	7 p.m.
11/2	* Vanguard	7 p.m.
11/4	* Christian Heritage	7 p.m.
11/6	* at Biola	7 p.m.
11/9	* at The Master's	7 p.m.
11/13	* Fresno Pacific	7 p.m.
11/16	Region II First Round	TBA
11/19-20	Region II Semifinals/Final	TBA
12/1-4	NAIA Championships	TBA

Home matches in bold

* GSAC match

\$ Roberts Wesleyan Tournament

% Concordia Tournament

CROSS COUNTRY

Date	Event	Time
9/4	at Redlands Invitational	9 a.m.
10/2	at UC Riverside Invitational	8 a.m.
10/9	at Vanguard Invitational	4 p.m.
10/23	at GSAC Championships	4 p.m.
11/6	at Region II Meet	9 a.m.
11/20	at NAIA Championships	TBA

MEN'S WATER POLO

Date	Opponent	Time/Result
9/3	Lindenwood (MO)	W 18-3
9/10	at Chaminade	W 20-7
9/11	at BYU-Hawaii	L 9-14
9/11	at Chaminade	W 13-6
9/13	at BYU-Hawaii	L 9-11ot
9/16	at UCLA	L 8-21
9/17	Claremont-Mudd-Scripps	W 10-4
9/18	# Pepperdine	L 9-10
9/18	# UCLA	L 5-17
9/19	# Long Beach State	L 7-10
9/19	# UC Davis	L 11-12ot
9/29	Golden West CC	L 9-10
10/2	\$ Pacific	L 5-9
10/2	\$ UC Santa Cruz	W 8-6
10/3	\$ Santa Clara	W 10-9
10/3	\$ Redlands	W 9-8ot
10/6	Riverside CC	3 p.m.
10/8	Brown	2 p.m.
10/8	Iona	5 p.m.
10/16-17	at U.S. Air Force Tournament	TBA
10/22-23	Lancer Invitational	TBA
10/29-31	at U.S. Indoor Nationals	TBA
11/6	Alumni Game	3:30 p.m.
11/17	at UC Irvine	7 p.m.
11/20	USC	Noon

Home games in bold

SoCal Tournament (at USC & Commerce)

\$ NorCal Tournament (at Pacific)

% at Long Beach State