

# CRAFTING THE SOUL: THE SPIRITUAL LIFE OF THE WORSHIP LEADER

CBU WORSHIP WEEKEND  
DR. DAVID TOLEDO



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# WHAT IS SPIRITUAL FORMATION?

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**“I appeal to you therefore, brothers, by the mercies of God, to present your bodies as a living sacrifice, holy and acceptable to God, which is your spiritual worship. Do not be conformed to this world, but be transformed by the renewal of your mind, that by testing you may discern what is the will of God, what is good and acceptable and perfect.”**

- ROMANS 12:1-2



# **CREATED TO REFLECT GOD**

Declare His Glory

Display His Greatness

Reflect His Character



# WORSHIP IS THE CENTRAL ISSUE

# The Heart of Idolatry

Romans 1:21-25



# THE DEVASTATING IMPACT OF SIN





**DISCIPLINE LEADS TO FREEDOM**



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**“A farmer is helpless to grow grain; all he can do is provide the right conditions for the growing of grain. He cultivates the ground, he plants the seed, he waters the plants, and then the natural forces of the earth take over and up comes the grain. This is the way it works with the Spiritual Disciplines—**they are a way of sowing to the Spirit.** The Disciplines are God’s way of getting us into the ground; they put us where he can work within us and transform us.**”

**RICHARD FOSTER**

*The Celebration of Discipline*



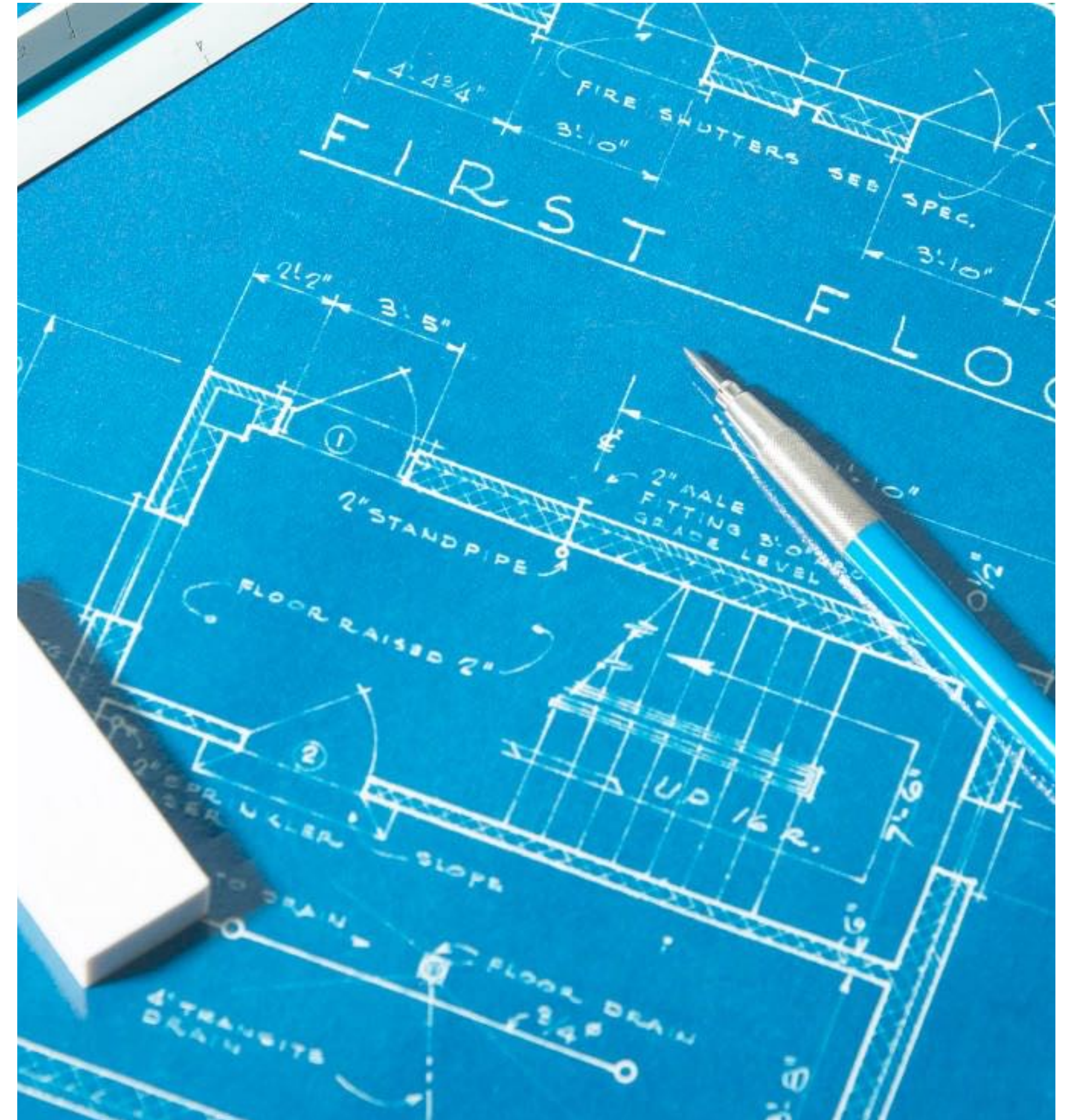
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# TOOLS THAT ALIGN US WITH GOD'S PLAN

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# READING SCRIPTURE AND MEDITATION

- Hearing God's Word
- Reading God's Word
- Scripture Memorization & Meditation



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# PRAYER

- Prayer and the Word of God
- Praying with Others
- Written Prayers
- Celebrating God's answered prayers



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# WORSHIP

- What is worship?
- Private & Corporate Worship
- Ideas to Cultivate Personal Times of Worship





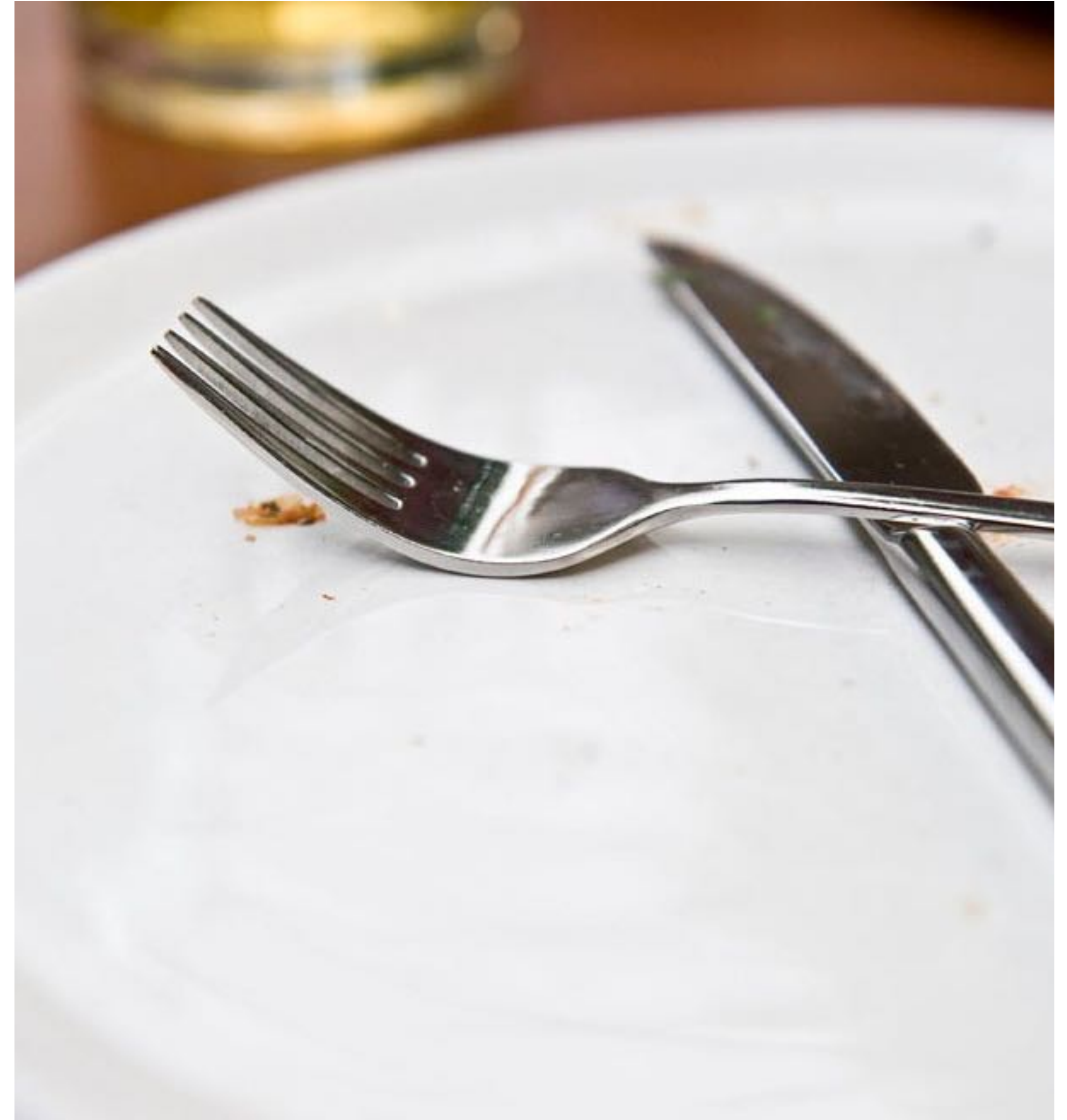
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# TOOLS THAT SHAPE US INTO CHRIST'S IMAGE

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# FASTING

- Fasting with a Purpose
- Modeled Throughout the Scriptures
- Reasons to Fast



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# SILENCE & SOLITUDE

- Rise of Distractions
- Example of Christ
- Rest and Recovery
- Compliment to Godly Fellowship

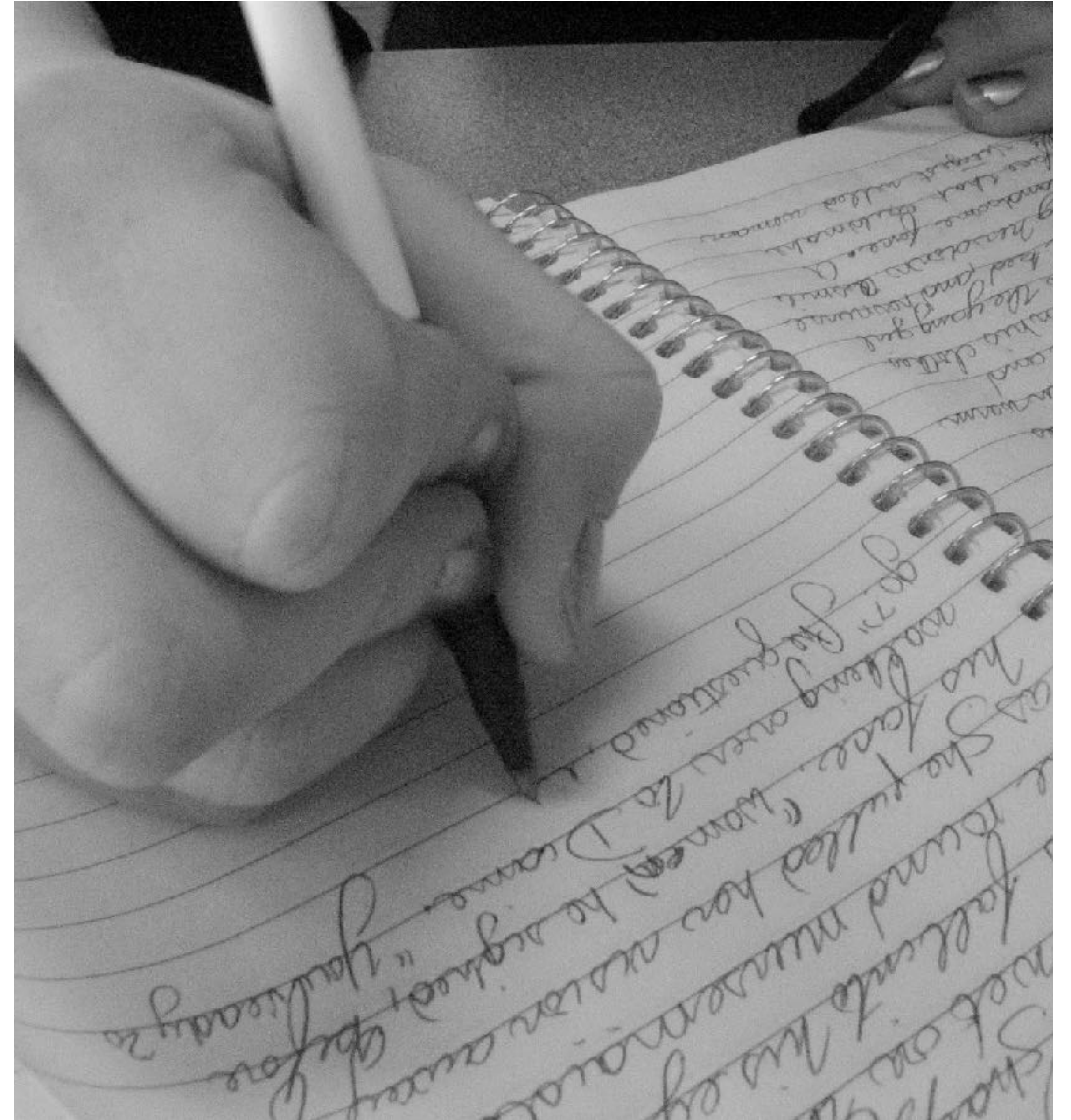




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# STUDYING & JOURNALING

- Record Keeping
- Journaling Slows Us Down and Causes Us to Think Deeply
- Loving the Lord with All Your ... Mind?





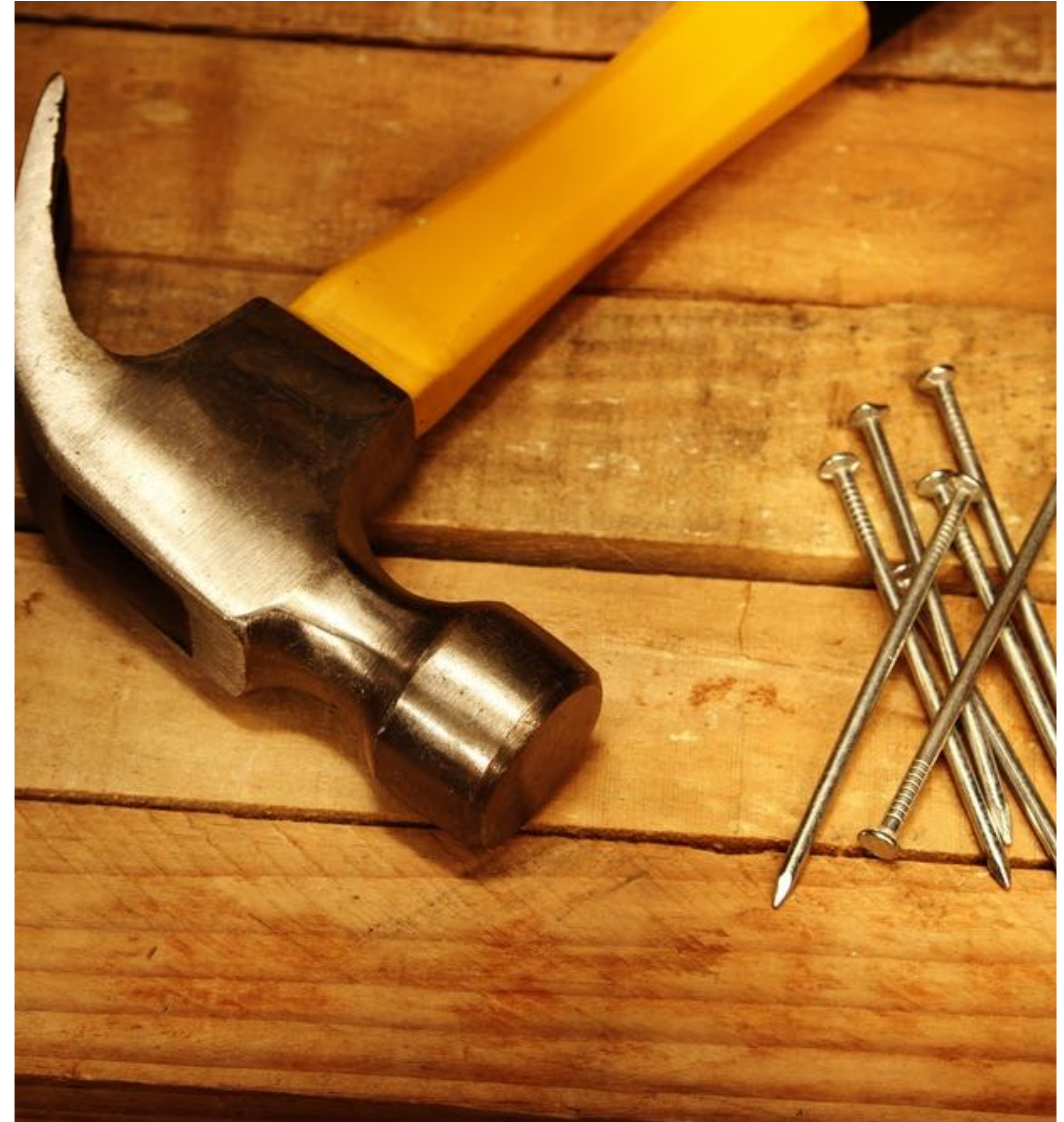
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# TOOLS THAT BUILD US INTO THE BODY OF CHRIST

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# SERVICE

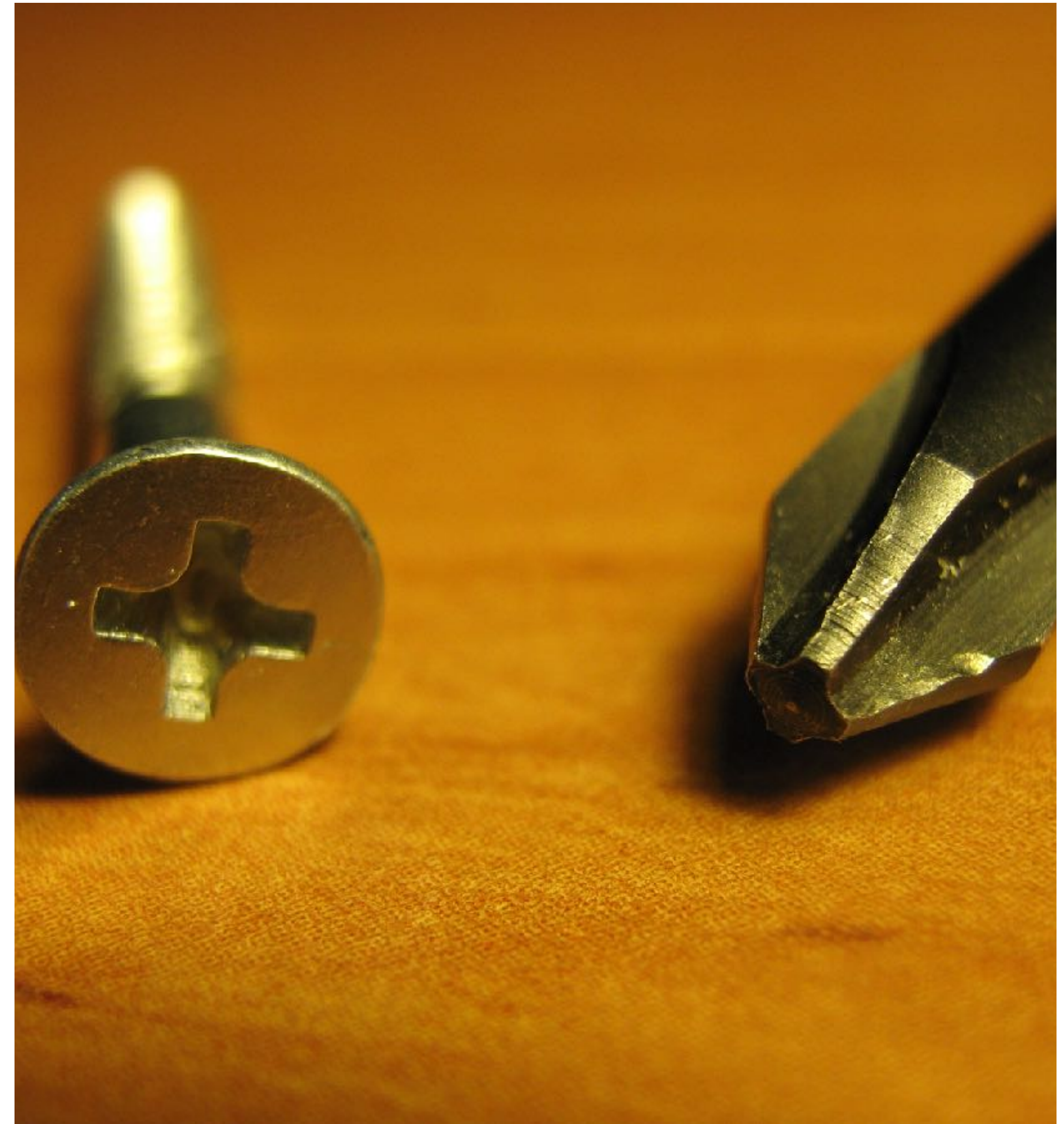
- Expressing Faith in Tangible Actions
- Tool to Correct Self-Absorption
- Means By Which God is at Work in the World



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# FELLOWSHIP

- Strengthen and Build Each Other's Faith
- Be Vulnerable
- Accountability



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# STEWARDSHIP

- Prioritization
- Self-Sacrifice
- Modeling Behavior
- Supporting God's Work Abroad



# Why is Spiritual Formation Critical to Your Ministry in the Church?